

MESH

# Ergonomics Trained Person Course

DOSH/JKKP  
COMPETENCY  
COURSE



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## **Ergonomics Trained Person (ETP)**

A trained person is someone who has undergone ergonomics risk assessment training and is able to conduct the assessment and/or in-house training for the employees of organization.

(Reference: Guidelines on Ergonomics Risk Assessment at Workplace 2017, DOSH Malaysia)

**GAIN A DOSH RECOGNISED  
COMPETENCY UPON SUCCESSFUL  
COMPLETION OF THIS COURSE!**

**TRAINING DATES:**

**27 - 28 MARCH 2024**

**23-24 MAY 2024**

**TIME: 9AM - 5PM**

**VENUE: BANGSAR, KL**

**FEE :**

**RM 864.00 NETT**

inclusive of course notes & meals

Payment options: Self-pay/Company/HRD SBL-Khas



**MESH CONSULTANCY & TRAINING CENTRE PLT**

*Your trusted partner in EHS Consultancy & Training Services*

182F, Jln Tasek Mutiara 2, Bandar Tasek Mutiara (Pearl City),

14120 Simpang Ampat, Pulau Pinang

Suite B-03-5, Wisma Pantai, Bangsar Trade Centre, No. 5, Jalan  
4/83A, Off Jalan Pantai Baru, 59200 Kuala Lumpur



**03-2786 3799**

# COURSE CONTENTS

- Ergonomic risk factors
- Provisions of safety and health Act on Ergonomics
- Introduction of Guidelines ERA
- Planning and conducting ERA
- Ergonomics Control Measure
- Conducting Musculoskeletal Assessment
- Conducting Ergonomic Risk Factor assessment

## ALSO INCLUDED IN THE COURSE !

- Initial ERA results & reports writing ✓
- Group Case study on Initial ERA ✓

# TRAINERS' PROFILE

## Dr Ramachandran Valautham

- PhD in Occupational Safety & Health, MSc in Occupational Safety & Health Management
- 32 years of industry experience in various manufacturing and construction activities. Over 20 years training and consulting experience for small and large organization.
- ISO 45001:2018 Occupational Health & Safety Management System Lead Auditor.
- Accredited Certified Safety Practitioner (CSP) and Certified Safety & Health Manager (CSHM) by the American Society of Safety Professionals (ASSP).
- Full Member of Human Factors & Ergonomic Society Malaysia (HFEM)

## Darshillan Ramachandran

- Holds an Honors' Class 1, Bachelors of Engineering (B.Eng) in Mechanical Engineering. Registered with the Board of Engineers Malaysia (BEM)
- Has three years of working experience in a leading oil & gas operating company, PETRONAS, where he was involved in large scale multi-billion dollars projects to engineer, construct, test and commission offshore oil & gas platforms including Platform Design review for Human Factors consideration.
- DOSH Registered Ergonomics Trained Person(ETP) for Initial and Advanced Workplace Ergonomics Risk Assessment.
- Certified PETRONAS Permit-To-Work (PTW) approver. Have had experience of Process Hazard Assessment (PHA), Hazard Identification (HAZID), Hazard and Operability (HAZOP) and various multi-disciplinary EHS assessments in order to incorporate safe design in equipment and facilities)
- Member of Human Factors & Ergonomic Society Malaysia (HFEM)